



# Preschool Lesson



## Lesson 4: It's Time To Glow!



### Whatchagaddaknow:

"I Will Be In God's Presence Every Single Day!"



### Power Verse:

"...Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."

- Matthew 5:16 (NIV)

## Before the Lesson

- \* Collect the items for the activities you plan to use, referring to the Classroom Supplies and Lesson Manual Supplies listed in the chart.
- \* Pray for your students and for God's direction in teaching the class.

## This Lesson at a Glance

Activity	Classroom Supplies	Lesson Manual Supplies
Bible Story – This week, the kids will learn from the story of Moses' face glowing after spending time with God (Exodus 34).		Bible Story Pictures (pg. 5-8)
Hands-On-Learning – The kids will learn that spending time with God changes us!	Bible, glow stick	
Craft Option #1 – Bible Story Coloring Page	Crayons or markers	Bible Story Coloring Page Print Piece (pg. 9)
Craft Option #2 - Shining Frame Craft	Crayons or markers	Shining Frame Craft Print Piece (pg. 10)
Craft Option #3 – Spend Time With God Coloring Page	Crayons or markers	Spend Time With God Coloring Page Print Piece (pg. 11)



## **Bible Story**

**Supplies Needed:** Bible Story Pictures (provided on pg. 5-8)

**Teacher Instruction:** Before class begins, print the Bible Story Pictures. Have the children gathered around so they can see the pictures.

**Say-** Moses has been leading the Israelites for a long time in the wilderness. The Israelites did a lot of complaining and fussing along the way. *(show pic)* Moses must have gotten very tired!

**Say-** Moses knew exactly where he needed to go to receive strength. He needed to spend time with God! *(show pic)* One day, Moses returned from spending time on the top of a mountain talking with God.

**Say-** There was something different about Moses, though. Moses wasn’t taller. His hair didn’t grow longer. He didn’t have different colored eyes.

**Say-** The people noticed that Moses’ face was GLOWING. *(show pic)* This glow was because he had spent time talking with God face-to-face, and God’s glory could be seen on his face.

**Say-** The glow was so bright that the people couldn’t look at Moses directly in the face. *(show pic)* Because the glow of God’s glory was so bright, Moses had to cover his face so that he could talk with the people.

**Say-** From that point on, whenever Moses went into God’s presence to spend time with God, he would take the cover off his face while he was in prayer. Then, when Moses left God’s presence, he put the cover back on his face so that the glow of God’s glory was not too bright for the Israelites.

**Say-** Moses spent time with God, and he was changed!

**Say-** When you spend time with God, you are CHANGED!

**Pray**



# Hands-On Learning

**Supplies Needed:** Bible; glow stick

**Teacher Instruction:** Before class begins, gather classroom materials. Have the children gathered around so they can see any illustration materials.

**Say-** Moses learned something super-duper important, and we can learn it too!

**Say-** Moses learned that spending time with God every single day is one of the most important things we can do.

**Say-** There are lots of things in our lives that seem important. Maybe there’s a TV show you really love to watch, and it feels important.

**Say-** Maybe you have a favorite toy you can’t wait to play with, and it feels important.

**Say-** Maybe you like to kick a soccer ball, build awesome towers with blocks, play video games, or go to the store.

**Say-** Those are all fun and good things—but none of them can change our hearts and make us shine like spending time with God!

**Ask-** So... how can we spend time with God?

**Say-** We can read our Bibles! (*Show Bible*) We can talk to God through prayer—anytime, anywhere! (*Fold your hands like you are praying*) We can even sing songs to God in worship! (*Raise your hands*)

**Say-** Those are wonderful ways to spend time with God!

**Say-** And you know what happens when we spend time with God? God’s goodness starts to GLOW and SHINE in us—just like Moses’ face glowed after being with Him! (*Turn off the lights and show the glow stick*)

**Say-** We don’t actually glow, like this glow stick. We shine the light of God’s love, joy, peace, and kindness.

**Say-** Spending time with God helps us be strong when things are hard, brave when we feel scared, and kind even when it’s not easy.

**Say-** Spending time with God every day helps you shine brighter and brighter with His goodness.

**Say-** Say this with me: I will spend time with God every day! (*Say the phrase aloud with the kids*)



## **Craft #1: Bible Story Coloring Page**

**Supplies Needed:** Bible Story Coloring Page Print Piece (provided on pg. 9); Crayons or markers

**Teacher Instruction:** Before class begins, print the Bible Story Coloring Page Print Piece. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

**How To Do Craft** - Kids can color freely as they choose.



## **Craft #2: Shining Frame Craft**

**Supplies Needed:** Shining Frame Craft Print Piece (provided on pg. 10); Crayons or Markers

**Teacher Instruction:** Before class begins, print the Shining Frame Craft Print Pieces. Make sure you have enough craft pages for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for crafting.

**How To Do Craft** - Allow the kids to decorate the design using crayons or markers. Encourage them to draw a picture of themselves in the center of the craft. As you help the kids with the craft, talk about how spending time with God helps us SHINE his goodness and be changed!



## **Craft #3: Spend Time With God Coloring Page**

**Supplies Needed:** Spend Time With God Coloring Page Print Piece (provided on pg. 11); Crayons or markers

**Teacher Instruction:** Before class begins, print the Spend Time With God Coloring Page Print Pieces. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

**How To Do Craft** - Kids can color freely as they choose.













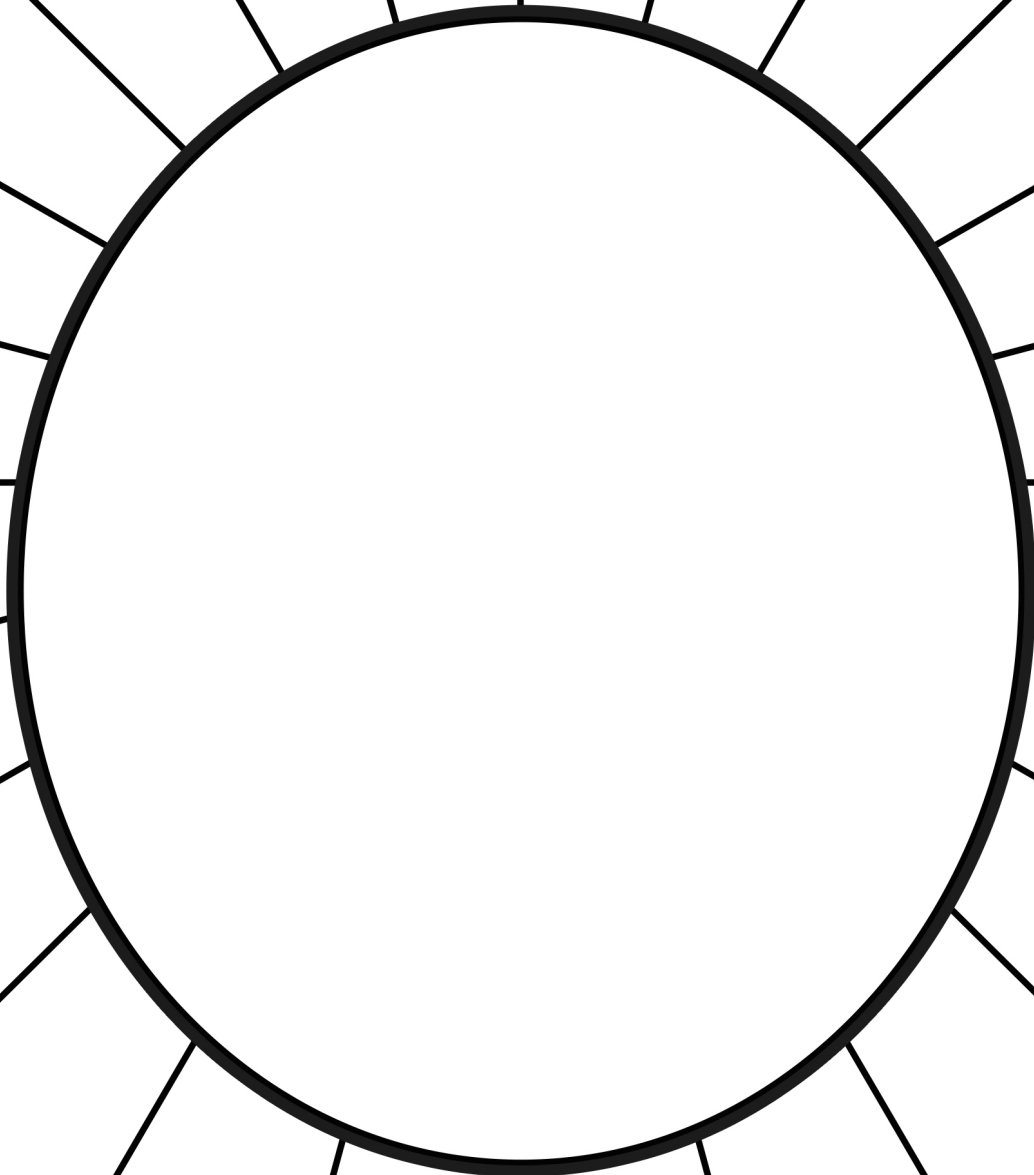


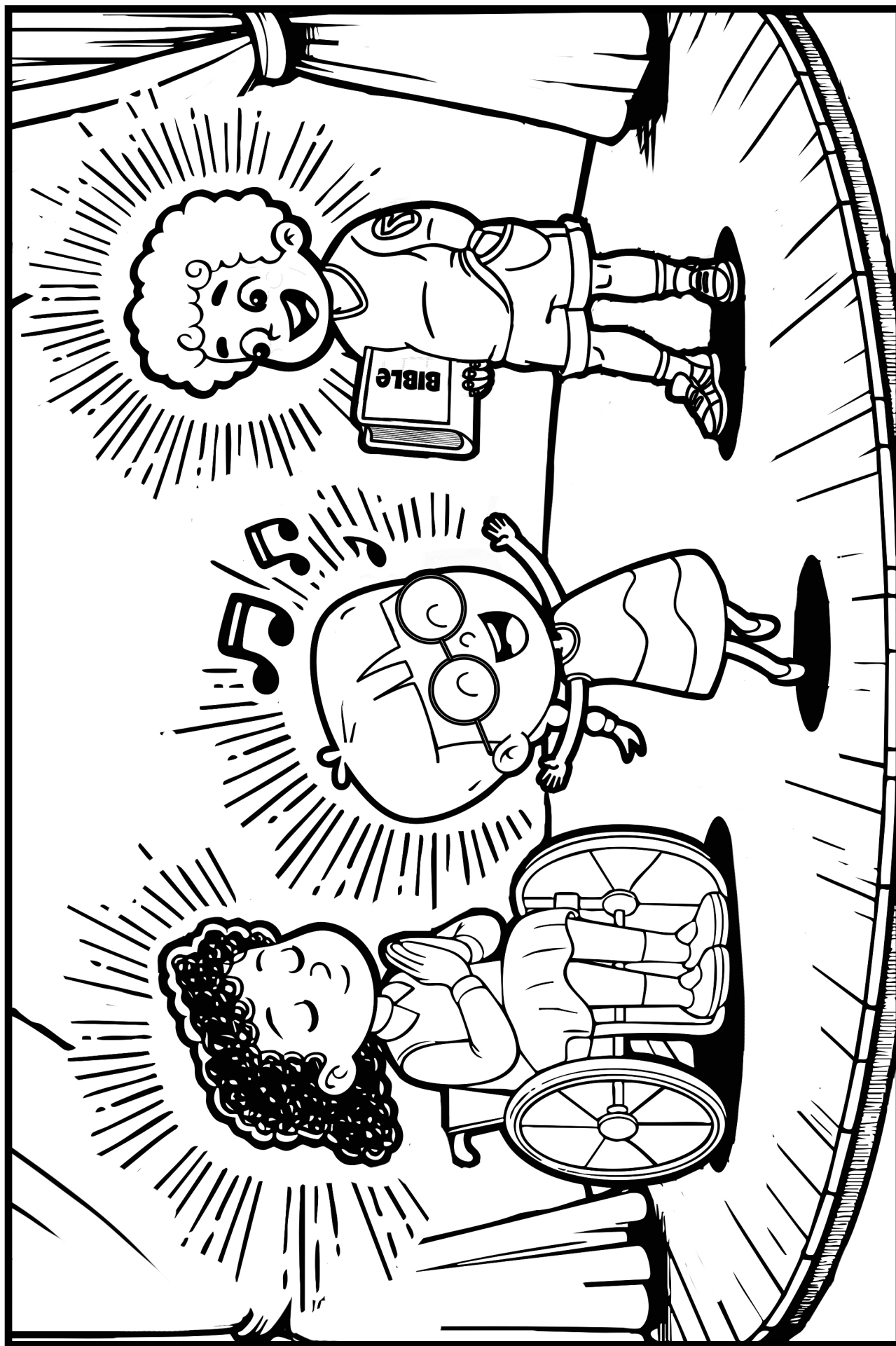




# **MOSES SPENT TIME WITH GOD AND HIS FACE WAS GLOWING!**

**WHEN I SPEND TIME  
WITH GOD,  
HE SHINES THROUGH ME!**





**WHEN I SPEND TIME WITH GOD, HE SHINES THROUGH ME!**